

THE BISHOP'S SCHOOL, CAMP PRE - PRIMARY SECTION

A REPORT ON DOCTORS' DAY

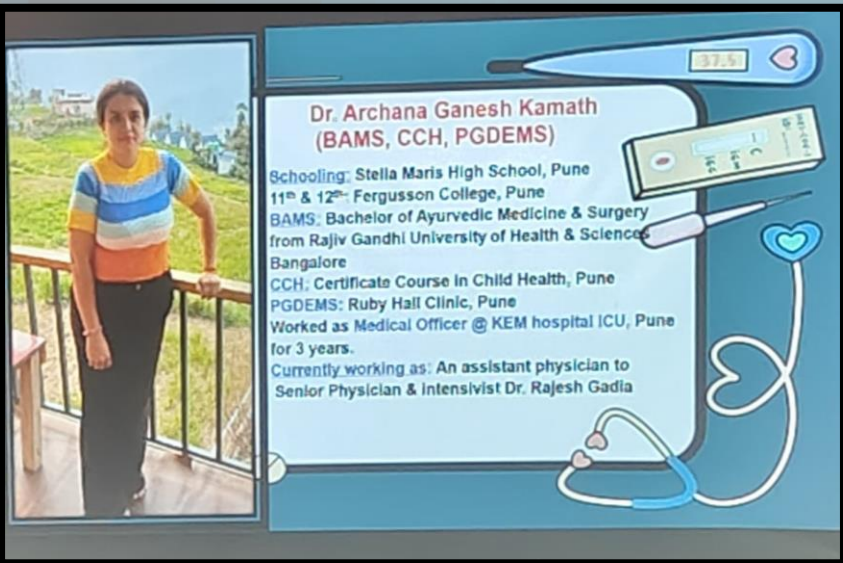
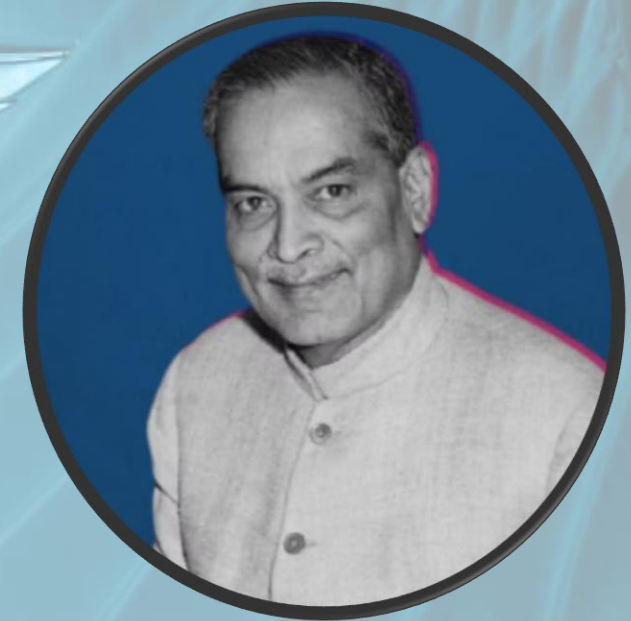
03rd July 2024



"Doctors are the hands of God sent to heal our wounds."

In India, Doctors' Day is celebrated on July 1st each year. This day holds significance as it commemorates the birth and death anniversary of Dr. Bidhan Chandra Roy, who was a renowned physician and the second Chief Minister of West Bengal.

Doctors' Day serves as an occasion to honour the dedication, compassion, and commitment of doctors towards saving lives and improving the health of individuals and communities.



**Dr. Archana Ganesh Kamath
(BAMS, CCH, PGDEMS)**

Schooling: Stella Maris High School, Pune
11th & 12th: Fergusson College, Pune
BAMS: Bachelor of Ayurvedic Medicine & Surgery
from Rajiv Gandhi University of Health & Sciences,
Bangalore
CCH: Certificate Course in Child Health, Pune
PGDEMS: Ruby Hall Clinic, Pune
Worked as Medical Officer @ KEM hospital ICU, Pune
for 3 years.
Currently working as: An assistant physician to
Senior Physician & Intensivist Dr. Rajesh Gadia

On 03rd July 2024, the Pre - Primary Section commemorated Doctors' Day with great zeal and enthusiasm by inviting Dr. Archana Ganesh Kamath (BAMS, CCH, PGDEMS), who graciously accepted our invitation to educate our students about the importance of cultivating good habits and avoiding harmful ones.

Dr. Kamath is currently working as an assistant physician to Dr. Rajesh Gadia. Ma'am has worked as a medical officer at KEM Hospital ICU, for three years and also practices at her own clinic at Vadgaonsheri, Pune.

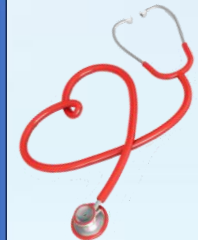
The event commenced with a warm welcome extended to Dr. Kamath by our Pre - Primary Coordinator Mrs. Shama Tinwala.

Dr. Kamath began the session by stressing on the importance of adopting good habits from an early age. She highlighted key practices such as maintaining personal hygiene, eating a balanced diet rich in fruits and vegetables, engaging in regular physical activity, and getting sufficient sleep. Through an engaging power point presentation and relatable examples, Dr. Kamath effectively conveyed how these habits contribute to the overall well-being and resilience against illness.



Showing various fruits and vegetables to the students Dr. Kamath explained how each fruit and vegetable is important for our body. She also explained the 'Rainbow' of vegetables and how vegetables of different colours have different advantages for our body.

The students enjoyed the session and the programme ended with the vote of thanks and felicitation of Dr Kamath.



 Miss Christina Dcunha.
Asst. Teacher
Pre - Primary Section