



THE BISHOP'S CO-ED SCHOOL, UNDRI

Activity Report for Academic Year 2014-15

Outreach - Paraplegic Rehabilitation Centre, Kirkee, Pune

SENIOR/JUNIOR SCHOOL	: Senior School
ACTIVITY/COMPETITION	: SUPW Trip
DATE	: 28 June 2014
DAY	: Saturday
VENUE	: Paraplegic Rehabilitation Centre, Kirkee, Pune
CLASS INVOLVED	: Class X
ORGANIZED BY	: The Bishop's Co-Ed School, Undri
PARTICIPANTS	: Class X students
TEACHER IN CHARGE	: Mrs. S. Kurien, Mrs. J. D'souza, Mrs. A. Purekar, Mr. P. Victor, Mrs. M. Dhamdhare

A BRIEF REPORT

I found early that the hardest thing to overcome is not a physical disability but the mental condition which it induces. The world, I found, has a way of taking a man pretty much at his own rating. If he permits his loss to make him embarrassed & apologetic, he will draw embarrassment from others. But if he gains his own respect the respect of those around him comes easily. – Alexander de Seversky

More than a hundred enthusiastic students embarked on a half - day trip to The Paraplegic Rehabilitation Centre, Kirkee. Presently under the Medical Director, Col. (Dr.)R. K. Mukherjee, (retd). The centre ensures the best after care and rehabilitation of personnels of Defence Forces of India who are retired from service due to Spinal Cord Injury while serving the Nation.

The students were escorted to the workshop where these brave combatants are trained to assemble connectors used for railway signal lights. They work for around 8 hours with a lunch break, after which they relax by playing wheelchair sports. The awed students interacted with the inhabitants and in their tête-à-têtes, found to their surprise, that a number of them had participated in wheelchair sports at national and international level and done India proud by winning a number of gold, silver & bronze medals. They were shown a documentary on the history and achievements of the residents of the establishment. The pupils were inspired by the cheerful demeanor of these physically challenged warriors, who literally, had turned their disability into ability. Each individual had a story which was both stirring and inspiring.

Apart from providing bachelor accommodation to the patients, the institution accommodates twenty six families as well. It ensures that the wives are also employed profitably within the centre itself. The main aim is to make them self - dependent as the institution aptly believes – you can win, all you need is confidence in yourself.

The visit was an eye-opener for the students. It not only roused the awareness that the strong don't allow their disability to get in their way but also makes them more sensitive to their physically challenged brethren.

Report by : M. Dhamdhare

PHOTOGRAPHS



TRUE INSPIRATION FOR US